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Fiona Moon, Principal

Do you have a Health Care Card?

You can apply for the Camps/Excursion money for parents who hold a Health Care Card or Concession Card (current as at 30/1/2017)

- The annual CSEF per student:
  - $125 for primary students
  - $225 for secondary students

Application forms available from the office.

Funds are held at the school and can only be used for Camps/Excursions.

Pyramid Hill College
Kelly Street, Pyramid Hill, 3575
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Email: info@pyramidhill.vic.edu.au
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Welcome back to all Foundation to 6 students and teachers. I hope everyone has had a restful and wonderful holiday and you are ready for another busy school term. We look forward to settling into our new environment in the BER building.

**Swimming Program - F-6**

♦ Swimming Program starts next Monday, 6th February and runs for 4 weeks finishing on 2nd March.

♦ Swimming days are Monday, Tuesday, Wednesday and Thursday from 2 - 3 pm.

♦ Students need to bring bathers, T-shirt or Rashi and towel. If your child has special sunscreen, please send it along.

♦ Students also need a bag to put their wet bathers and towel in.

♦ Please don’t allow students to wear bathers to school - they need to be able to wear underwear for comfort and toileting until they go to the pool.

♦ We need swimming helpers please, so if anyone can assist, it would be most appreciated. All volunteers in the school, including swimming helpers, need to have a “Working with Children” check which can be obtained from a larger post office and is free for volunteers. The school needs to have a copy on record for each volunteer.

**Reading Program**

"Good Readers, Read Daily."

It is important that all students read at home each day to support and reinforce our reading program at school. It is also important that the students/parents log in and sign their reading in to the student diaries (Year 2-6) or reading log books (Year F/1) provided. Readers need to be transported to and from home in a Pyramid Hill College Reader bag to protect our books. The Reader bags can be purchased from the office for $10.

We would greatly appreciate anyone who can come along to the Year F-4 area and listen to students read on any morning. Once again all helpers need to have a “Working with Children” check. Please contact the office if you are able to help us.

**Uniform**

All students are expected to wear correct uniform at all times, including foot wear- proper black school shoes are preferred. Year 5/6 need a change of clothes and sneakers for PE. Year F-4 need their sneakers for PE and sports uniform for sports days.

**Student Diaries**

The student diaries are a tool of communication between student, Parent and teachers in Years 2-6. They are used for the following:

*Log in reading

*Homework and unfinished work

*Absence or Early Departure notes

*Activities for the week and what they may need

*General teacher comments of praise or unacceptable behavior

*Anything that a teacher may need to know that could affect the student’s behaviour for the day. eg “The pet cat died this morning or they didn’t sleep well last night”.

**Homework**

It is our school policy that each year level has some form of homework.

*Year F/1- Read their reader each night and a homework sheet on occasions.

*Year 2/3/4/5/6- Reading each night, double page of set homework each week, learn weekly spelling words and times tables.

**Food**

Year Prep-6 students are encouraged to bring a healthy snack to eat at approximately 10.00 am. This can be fresh fruit, vegetables and cheese. Not dry biscuits or packet fruit with syrup. Sugary snacks and drinks should be limited. Lunches can be put into a fridge on hot days.

**F-6 Assembly**

A Year F-6 assembly is held each week on Friday morning at approximately 9.10am and is conducted by the Year 6 students. A “Student of the Week” is announced for each grade, with reminders and announcements for the next week. SRC Representatives give a report, and we “show off” work and achievements. Parents are most welcome to attend these assemblies.

**Camps, Excursions this year**

Year F/1 - Day excursion to Sovereign Hill Ballarat

Year 2-4 - Two day camp to Sovereign Hill, Ballarat

Year 5/6 - optional 5 day camp to Canberra, with East Loddon P-12 College students.

Year F-6 students - opportunity to attend the musical “Aladdin” in Melbourne in August

Cost and dates for all will be advised as soon as possible.

**Head Lice**

Please keep a check on your children’s heads and tie back long hair for school
Welcome back to everybody!
Welcome back to everyone, we hope you had a restful but fun holiday. We welcome our new students to the neighbourhood, and we especially welcome our Year 10 students who will be our new leaders for the year. Students will be briefed on the roles of College Captains, House Captains and SRC Leaders next week. We look forward to a great year working with all of our neighbourhood and our student leadership teams.

The Castle
The Castle has been freshly painted and set up ready to transform into our new home. Students will have access to the kitchen, with a refrigerator supplied for keeping lunches and water bottles cool. Our new lunch area for 7-10 will be the outdoor theatre area, where we will soon have speakers and a plug for playing music at recess and lunch.

Coming up
This term we have Berwick Secondary College visiting to work with Year 9 and 10 students. We will be having a Year 7/8 team building camp later in the term or early term 2, and Year 9/10 will have an Arts Connect trip to Melbourne in term 2 or 3 to undertake cultural and vocational activities.

Uniform
A reminder that hats are to be worn this term until early term 2 and that shoes should be black leather. Canvas shoes are not safe and students will be unable to take part in Technology, Agriculture, Foods or Arts subjects if the incorrect footwear is worn.

Swimming
Please bring swimming gear for double PE lessons.

Managed Individual Pathways
Our MIPS coordinator Sue clay will be meeting with Year 9 & 10 students regularly this year. This time will be spent getting to know our students and assisting them with thoughts and plans for the future.

Mrs L Talbot
7-10 Neighbourhood Leader

BBQ Swimming Sports
Order forms will be sent home this week

General Information

Red Sports Polo Shirts
Are available for PE and Sports - if you are new to the school or have grown out of your current shirt, please fill out an order form, (available from the Office) and return to school ASAP - we have orders ready to go to be embroidered.
- Shirts without names - $17
- Shirts with logo and name on back - $20

School Requisites
Payment for all school requisites should be paid as soon as possible please. If you are unsure about what is owing, please contact the office. Parents are able to use EFTPOS (available in the office) or Online Banking for any payments to school.
Banking details are:
- BSB 083-693
- A/c No. 60880 2159
Please identify your payment when processing.

Home Eco Payments
These can be paid by term - $30
- For the whole year - $120
- or $3.50 per session.
If payments are not made, students will not be allowed to take their cooking home, so please make sure payment is made by one of the methods. Home Eco costs are heavily subsidised by the school and students are only asked to pay a minimum amount.

Student/Parent Information
Some parent email addresses, are incorrect on our records - so if you have changed any of your contact details eg mobile phone, email, emergency contact, address, etc., could you please let June know, so records can be updated.

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Charlton - Year 9
All Year 9 students need to be at the Victoria Hotel corner at 8.20 next Monday morning for bus travel to the NCTC at Charlton. Please be on time.
## 25 GREAT PARENTING IDEAS

From Michael Grose

Focus on **one idea a day** to **transform your parenting** in less than a month

| 1 | DO MORE THINGS WITH KIDS THAN FOR THEM |
| 2 | IF YOU WANT HAPPY, RESILIENT KIDS YOU GO FIRST |
| 3 | RAISE YOUR SMALL FAMILY WITH A BIG FAMILY MINDSET |
| 4 | MAKE THE MOST OF THE OPPORTUNITY YEARS (BEFORE TEENS) |
| 5 | WORK ON YOUR RELATIONSHIPS AS THEY GIVE YOU LEVERAGE |
| 6 | EXPECT KIDS TO BEHAVE WELL |
| 7 | CATCH KIDS BEING RESILIENT AND PERSISTENT |
| 8 | ATTEND TO YOUR KIDS’ MENTAL HEALTH |
| 9 | DON’T BE A FAMILY THAT’S ALWAYS ON THE GO |
| 10 | MAKE SURE KIDS HELP AT HOME WITHOUT BEING PAID |
| 11 | BUILD SCAFFOLDS TO INDEPENDENCE |
| 12 | REWARD RESPONSIBILITY WITH GREATER FREEDOM |
| 13 | BUILD SELF-KNOWLEDGE IN KIDS |
| 14 | MOVE KIDS DOWN THE ROAD FROM ‘ME’ TO ‘WE’ |
| 15 | TEACH YOUR KIDS TO DO WHAT’S RIGHT, NOT WHAT’S EASY |
| 16 | STRENGTHEN YOUR FAMILY BY CREATING A STRONG FOOD CULTURE |
| 17 | CREATE A CULTURE WHERE THERE’S NOTHING SO BAD THAT ‘WE’ CAN’T TALK ABOUT IT |
| 18 | PARENT FROM THE SAME SCRIPT, EVEN IF YOU’RE NOT TOGETHER |
| 19 | DO THINGS WITH YOUR KIDS |
| 20 | DON’T LET KIDS DROP OUT OF THE FAMILY |
| 21 | CONNECT WITH OTHER PARENTS |
| 22 | EVERY CHILD NEEDS SOMEONE IN THEIR LIFE WHO SAYS YOU CAN DO THIS |
| 23 | MAKE THE MOST OF TEACHABLE MOMENTS |
| 24 | AVOID YOUR FIRST IMPULSE WHEN KIDS MISBEHAVE |
| 25 | BUILD A STRONG FAMILY BRAND |

For more ideas from Michael Grose about raising exceptional kids...

2. Get Michael’s latest bestseller ‘The Soulful American’ for raising 3-12 year olds with confidence, character & resilience.
3. For the best parenting ideas and great advice join the Michael Grose Parenting community at facebook.com/michaelgroseparenting