



Pyramid Hill College

Respect ● Learn ● Community

Pyramid Hill College is a Child Safe School



Newsletter
February 17th, 2023

Diary 2023

February

- 20 F-6 Swimming
- NCD Swimming St Arnaud
- 21 F-6 Swimming
- 22 F-6 Swimming
- School Council Meeting

March

- 1 Sandhurst Div Swimming
- 7 Swimming Sports
- 9 NCD Triathlon
- 10 Hockey Roadshow

Principal's News

Year 7/8 Queenscliff Camp

It looks like the Year 7 and 8 students have been having an excellent time on camp. Thank you to Mr McCann, Bu Gould and Mrs Rogers for attending the camp, it is greatly appreciated. Thank you also to Peter Millar for driving the bus. We look forward to hearing many stories as the students return.



Hours of Attendance

The school grounds are supervised by staff from the hours of 8:40am – 3:30pm. These are the only times that students should be on the school property unless there is a teacher supervised school event happening.

Pyramid Hill College is a "Child Safe" School. We are committed to the safety, participation and empowerment of all children.

Pyramid Hill College Values

Respect:

We are respectful of self, others and the environment. (we are thoughtful of our words and actions.)

Learn:

We are learners who strive for excellence. (We challenge ourselves to do our best.)

Community:

We are community minded and embrace diversity. (We foster a sense of community and belonging for all.)

Pyramid Hill College

Kelly Street, Pyramid Hill, 3575

Tel: 5455 7377 -

Email: pyramid.hill.co@edumail.vic.gov.au

Website: www.pyramidhill.vic.edu.au



More camp photos



Year 7-10 Learning Neighbourhood

Hands on Learning (HoL)

Well done to all of the students who completed an expression of interest form and had their interview for HoL. The program will be commencing over the coming weeks once the starting configuration is confirmed. Thank you to Mr Morison and Helen for their efforts within the interviews and organising the program.

NCD Swimming and Triathlon

Notes for the NCD swimming carnival have been distributed and we wish our team the best as they compete on Monday. Notes for the triathlon will be distributed shortly, any student who wishes to take part but hasn't completed an expression of interest should see Mr Roberts.

NCTTC – Year 9 Charlton – Monday 20th February

The bus for the NCTTC will leave the V-line bus stop (Kelly Park) at 7:45am on Monday 20th February. Students will be travelling alongside the students attending the NCD Swimming event. The bus will return to the V-line bus stop (Kelly Park) at approximately 3:45pm. Students will not be able to use the Durham Ox or Yarrowalla bus as a shuttle to catch this bus but can make arrangements with Mr Roberts to meet along the way. Please note that this time swap is just a one off and the pick up/drop off time and shuttle will return to normal the following week.

Duke of Edinburgh Award

Students in Year 10 have commenced the Duke of Ed award this term. In completing the award, students will learn a new skill, complete community work, participate in a physical activity and complete an overnight journey. The award is heavily based around student voice and will further develop leadership skills within the students. Parents of Year ten students should have received an email seeking permission for their student/s to be involved in the program.



Music Lessons

Music lessons will be available again this year for guitar, keyboard and drums. Lessons will be \$50 per term with limited places available. Students are not guaranteed a place until payment is received. Forms will be distributed next week.

Year F-6 News

Workers of the Week



Isabella Kunde: great start to her persuasive writing.

Kyle Roberts: being very supportive and helpful towards our new students.

Tristan Broad: continuing to work hard.

Jasper Mutugi: moving to the big pool for swimming. Great job.

Olivia Scott: being very supportive and helpful towards our new students.

Lucy Scott: excellent reading, writing and maths skills.

Mrs Kerr (Year 6): helping students with reading.

Swimming

Our swimming program is going well with all students making good progress. We have swimming again next Monday 20th, Tuesday 21st and Wednesday 22nd March. I have picked two towels up if anybody is missing them, please contact the school.

Wanted

Any parents and grandparents to hear readers in the morning. You need your Working with Children's Check which can be done online or Joy can help you in the office.

New Playground

Our new playground is proving to be a big hit with our students and will look great when the grass and landscaping is complete. We are very lucky to have it.

Classroom Cup

Congratulations to the Year 4/5/6 class on winning this week's Classroom Cup.



Camps & Excursions

Thank you to those students who returned their Canberra note quickly. We have quite a few students in Year 5/6 attending this camp.

I am just finalising the Year 2-6 camp to Melbourne and the beach. This camp will be for three days, from the 9-11th October. A note will be sent home soon.

The Year F/1 students have the opportunity to attend the Melbourne Zoo on Monday the 9th October.

Art with Mrs Mann



School Vision Statement

The Pyramid Hill College community is committed to providing an inclusive, caring and rigorous learning environment that engages our students and challenges them to reach their full potential; academically, socially, emotionally, physically and creatively.

Students are empowered to demonstrate and value knowledge and skills that will support them, as life-long learners, to participate in and contribute to a wider community.

We promote a positive school culture that ensures staff, students and parents feel valued, have meaningful opportunities to contribute to the school and can effectively engage in the learning journey.

Tuning into Teens™ at headspace

EMOTIONALLY INTELLIGENT PARENTING

A FREE six session parenting program for parents and carers of young people

Learn how to:

- Understand what they're going through at this stage in life
- Understand their emotions
- Manage conflict more effectively
- Communicate more effectively
- Create a closer more connected relationship
- Build on your skills as a parent.

Details:
When: Commencing Wednesday 22 February for six weeks
Where: Kerang Library (1-3pm) or headspace Swan Hill (5:30-7:30pm)
Register: headspace@shdh.org.au or 1800 975 115

headspace
National Youth Mental Health Foundation

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health

TEEN GYM

@ THE FIIT SPACE KERANG

Wednesday's
1st Feb- 5th April

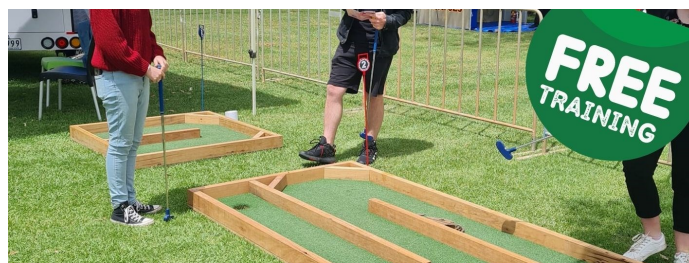
for Term 1
4PM- 5PM

WITH BELINDA BACHELOR
72 Wellington Street, Kerang

**YEAR 7 TO YEAR 12
WORK OUT FREE
FOR TERM 1 - EACH WEDNESDAY**

NO EXPERIENCE NEEDED

Proudly supported by:
 NOCH
 FUTURE HEALTHY
 VicHealth



YACVic Youth Participation 101 Training

PLUS DINNER PROVIDED

- Wed 29th March 2023
- 5.00PM - 8.00PM
- NDCH Kerang
24 FITZROY ST, KERANG

This training is for anyone that works with young people. Including teachers, sports coaches, activity providers, and volunteers.

Register now:

<https://www.trybooking.com/CFVOJ>



What will you get out of the training?

- Discuss the fundamental benefits of youth engagement
- Provide support to embed the voice of young people within your physical activities
- Support to create empowering environments that enable children and young people to feel safe, welcome and confident to be active
- The chance to share good stories, and workshop any challenges you may currently be facing



Bringing Up Great Kids

Date & Time:

Six sessions on Wednesdays
Wed 15th Feb - Wed 22nd March 23
10.30am - 12.30pm

Venue:

Northern District Community Health
16-30 Fitzroy St, Kerang VIC

Cost:

Free

Contact:

Wendy Ockers 50 363 200
wendy.ockers@anglicarevic.org.au

Overview

A parenting program for building good relationships with children. The Bringing Up Great Kids parent program is a fun 6-week group that focuses on how parents communicate with their children. It offers opportunities for parents to learn about how children understand and use messages from their parents in their own development. This parenting program combines a reflective mindfulness based approach to parenting with a focus on the emotional and developmental needs of children.

Program Content

The Bringing Up Great Kids program supports parents and carers to explore:

- Learn more about the origins of their own parenting style and how it can be more effective.
- Consider the relationship between a child's stage of neurological development and their behaviour.
- Identify important messages they want to convey to their child and how to achieve this.
- Understand the messages that children communicate to their parents and how they do this.
- Discover how to overcome some of the obstacles that are getting in the way of being the kind of parent they would like to be.
- Learn about the importance of building self-esteem in children.
- Discover ways for parents to take care of themselves and to find support when they need it.



TEEN GYM @ BRIC BOORT



TUESDAY
21st Feb- 4th April

for 7 weeks at
4PM- 5PM

WITH SHERRYN
O'FLAHERTY
119 - 121 Godrey Street,
Boort

YEAR 7 TO YEAR 12 WORK OUT
FREE

NO
EXPERIENCE
NEEDED

BOOK HERE



PAPERWORK & PARENTAL CONSENT TO
BE COMPLETED PRIOR TO THE FIRST
SESSION. TO BE SENT OUT VIA EMAIL OR
COLLECTED FROM BRIC.

Proudly supported by:



INTERNATIONAL
WOMEN'S DAY

8th March

BREAKFAST

Cracking the Code:
Innovation for a Gender Equal Future

Join us to celebrate International Women's Day
Help raise awareness and inspire the actions needed to
continue the work towards a gender equal future.



Our co-hosts:
Geoff Rollinson (GSC CEO) and
Mandy Hutchinson (NDCH CEO)
will lead an exceptional panel.



Wed 8th March 2023



7.00AM - 8.00AM



Outside at Sir John Gorton
Library, Kerang

Bookings preferred for catering purposes: <https://www.trybooking.com/CFWDO>



EXPRESSIONS OF INTEREST NOW OPEN

Loddon Valley Football Netball League

are looking for Junior Players for the following age groups
to play in the

BJFL for Season 2023

**UNDER 9
UNDER 10
UNDER 12**

Contact Laura Naughton
0400 532 090

laura.naughton@aflcentralvic.com.au