

Pyramid Hill College

Respect

Learn

Community

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Newsletter
June 1st, 2023

Pyramid Hill College is a Child Safe School

Diary 2023

June

- 6 Cybersafety and Consent Night
- 12 Public Holiday
- 16 VET Taster Day
- 23 End of Term 2 Early dismissal

Cybersafety &

Consent Education

Parent Information Evening

Tuesday, 6th June, 2023

R.S.V.P. Monday, 5th June, 2023

Pyramid Hill College Values

Respect:

We are respectful of self, others and the environment. (we are thoughtful of our words and actions.)

Learn:

We are learners who strive for excellence. (We challenge ourselves to do our best.)

Community:

We are community minded and embrace diversity. (We foster a sense of community and belonging for all.)

Pyramid Hill College

Kelly Street, Pyramid Hill, 3575

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Email:

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Principal's News







A Taste of Africa

Students were treated to a performance today from the Asanti Dance Theatre. Thanks to Appiah and Yoga for entertaining us and teaching us the drums and African dance. Here is what one of our Year 9 students wrote:

Today we enjoyed the opportunity to watch and perform A Taste of Africa. Students performed and learnt an African dance and learnt about their drums. I enjoyed learning and playing the drums and it made a really cool beat.



Cybersafety and Consent Education

On Tuesday 6 June Allie Collyer, Community Legal Education Worker at Mallee Family Care and the Community Legal Centre will be presenting sessions to all year levels on Cybersafety and to Year 9/10 on Consent Education. Each presentations learning outcomes will be at appropriate DET curriculum levels.

The sessions will focus on:

Foundation I: Reading of Swoosh and Glide eSafety book and activities. Very low level but following eSafety guidelines for this age group.

Year 2/3: Reading of Swoosh and Glide eSafety book and activities. Very low level but following eSafety guidelines for this age group.

Year 4/5/6: General cybersafety, being kind online.

Year 7/8: Cyberbullying and sharing of intimate images Year 9: Sexual consent and sharing of intimate images Year 10: Sexual consent and sharing of intimate images

PARENT INFORMATION EVENING

Allie will be hosting a parent information night to be held from 6:00-7:30pm and I urge parents to come and enjoy a light dinner in a judgement free zone. Please come armed with questions or wonderings regarding the online space, or consent education and legal ramifications. Allie is a wealth of information and will tailor the session to parent needs. I guarantee that you will come away from the evening with some great strategies and be more informed in navigating the online space and keeping your children safe.

Navigating Tricky Online Issues

The Mallee Family Care Community Legal Centre is presenting a free information session to Pyramid Hill parents and carers covering:

- Keeping your children safe online –cyberbullying, grooming etc
- Social media apps and privacy settings
- Family rules around technology
- The importance of open conversations
- Where to find resources and support
- Do you find it difficult to keep up with the digital world of your children?
- Are you concerned about your children's access to social media?
- Do you struggle with knowing where to find quality resources to help with these often difficult to talk about issues?

No lectures or judgement – just important information to help navigate this often challenging time.

Please join us for soup and savouries in the warmth of the BER building at Pyramid Hill College:

Tuesday 6th June 6.00pm – 7.30pm













For catering purposes please RSVP to the Pyramid Hill College Office (5455 7377) by Monday 5th June, 2023.



Year F-6 News

Reminder for Camps

Just a reminder the following camps and excursion notes need to be returned with a deposit:

- *The first instalment for Canberra was due on 31st May.
- * The Year 2-6 Camp Beach Camp note was due 31st May
- *The Year F/2 excursion to the Zoo is due back on 7th June. Students not going on the Beach Camp are welcome to go to the Zoo for the day and return with the Year F/I students. A note will be given to these students if they wish to attend.

Coliban Water Visit

On Monday we were lucky to have a visit from John and Tara from Coliban Water to give a presentation and run activities about the water cycle and where our water comes from. They asked the big question of "Do we make more water?". They had our students thinking, discussing and asking lots of questions about water.

We all enjoyed the presentation. They will return next term to talk more about water and present "Water Heroes" for the younger students and "Flushed" for the older students.











A Taste of Africa

Mrs Rogers you are amazing! Thank you for organising these wonderful performers to come to our school and entertain us. Today we were joined by St Pat's school to see "A Taste of Africa" and then participated in drumming and dance workshops.

Hairy Harries

H is for Hairy Harries. Year F/I have been growing Hairy Harries in their room over the past two weeks. We put gravel in the bottom of a plastic cup, then potting mix and some grass seed to finish. We covered the seed with a little bit more potting mix and then we watered them and we waited. It took a few days before we saw the green shoots. Now we could give them a haircut.











Year 7-10 Learning Neighbourhood

Push-Up Challenge

The College is completing the Push-Up Challenge again this year. The challenge aims to raise awareness, engage, educate and raise funds for mental health. Students, staff and community members are all encouraged to sign up at the link below. You don't need to complete push ups, you can different forms of exercise such as squats, sit ups etc.

https://www.thepushupchallenge.com.au/fundraisers/ pyramidhillcollege2023

LMR Cross Country

The LMR Cross Country will be conducted in St Arnaud at Lord Nelson Park (Trotting track) on Tuesday 6th June. Selected students will travel via car to the event and will depart the school at 8.45am and return to school at approximately 3.20pm. Parents and guardians are more than welcome to attend. Students will be supervised and driven by Luke Roberts on the day.

Event times:

#I 10:10am Boys/Mixed 17-20 5000m

#2 10:20am Boys/Mixed 16 5000m

#3 10:35am Girls 12/13 Secondary 3000m & Girls Multi Class

12-15 3000m

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#4 10:50am Boys/Mixed 12/13 Secondary 3000m & Boys Multi

Class 12-15 3000m (MC)

#5 11:05am Girls 14 3000m

#6 11:20pm Boys 14/Mixed 3000m (WH & RC)

#7 11:35am Girls 15 3000m & Girls Multi Class 16-20 3000m

#8 11:50am Boys/Mixed 15 3000m & Boys Multi Class 16-20 3000m (JH)

#9 12:05pm Girls 16 3000m (MF)

#10 12:20pm Girls 17-20 3000m



Need help getting your P's?

The TAC L2P program helps young learner drivers (16-21) with limited access to supervising driver or vehicle to get on the road with trained mentors available to help them obtain the 120 hours necessary to get their licence



For more information about this FREE program contact the North Central LLEN on 03 5491 1144 or email l2p@ncllen.org.au

Junior Golf Clinics

The Pyramid Hill Golf Club will be running a junior clinic this year. The clinic will be run by Luke Roberts and no experience or equipment is necessary. The club have been very lucky to receive funding for a scholarship program for girls. When signing up girls will need their parent/guardian to sign them up to the scholarship program, boys can be signed up in the junior program section. Girls can also be signed up to the junior program if they don't wish to be in the scholarship program. The programs will run at the same time.

Dates: Commencing Sunday June 4th (Running on Sunday's for 5 consecutive weeks and competitions thereafter)

Time: 10:00am - 11:00am Ages: 5 years old – 16 years old

Location: Meet at the Pyramid Hill Golf Clubhouse

Cost: Free Link to sign up:

https://www.golf.org.au/mygolf/program-search/

Search Pyramid Hill. Click view programs at the bottom of the page. Names can also be given to Luke Roberts.

What to bring: Warm clothes and a full drink bottle (no equipment or experience is needed)

Toilets: The toilets at the clubhouse will be available Please contact Luke Roberts if you have any questions.

HANDSONLEARN]



A program supported by Save the Children









Understanding Toddlers

This workshop will give parents and carers of toddlers the opportunity to share ideas and experiences with others.

We will discuss toddler development and the joys and challenges this stage brings to your family. Discussion will also focus on parenting strategies you may use for this age group.

√ Strategies

✓ Support

√ Understanding

Workshop Details:

Location: Pyramid Hill College, in the BER

97 - 101 Kelly St, Pyramid Hill

Date: Thursday 22nd June, 7:00pm - 8:30pm

Arrival: 6:45pm

Register at www.catholiccarevic.org.au/register

or with the QR code above.

Register:

CatholicCare Victoria

P 03 5438 1300

E bendigo.reception@catholiccarevic.org.au

This is a FREE single session workshop only delivered by CatholicCare's Regional Parenting Team.

Early registration is encouraged.

Your local contact is Julie Kerr: 0438 336 991

Hosted by:



Respect Learn Community

www.catholiccarevic.org.au

(03) 5438 1300 | 176 - 178 McCrae Street, Bendigo VIC 3550

KID'S MIGHT

AT THE NEIGHBOURHOOD HOUSE

FUN FOR ALL STUDENTS IN FOUNDATION -YEAR 12

TIME: 3:30-5pm Every Monday, starting on the 5th June

Activities include:

- Card/Board games
- Access to the Library
- Quiet space for homework
- Snacks
- Computers for use
- Nintendo Switch*
- Free WI-FI

CLEO THE COMMUNITY CAR would be free for anyone needing a ride home*

*Bookings are required the Friday before each Monday
To book call 5455 7129 or email phnh@bigpond.com
Please state child/ren name/s and parents/guardians phone number
Or fill out a form with mentioned details and give to Jasmine at PHC