



# Pyramid Hill College

Respect ● Learn ● Community

Pyramid Hill College is a Child Safe School



**Newsletter**  
March 14th, 2024

## Diary 2024

### March

- 13 NAPLAN commences
- 19 Hockey workshop 2-6
- 22 NAPLAN last day
- 27 Hot Shots Tennis 4/5/6
- 28 Last day of Term 1  
Early dismissal - 2.30pm

## Principal's News

### Assembly



We held our first term assembly on Friday which included the induction of student leaders and a range of presentations. Congratulations to all the elected student leaders and we look forward to working with them this year. Thank you to Dan Straub (Loddon Shire Councillor) and Adam Caspani who presented students with their badges and awards. As always, we had a strong contingent of parents and members of the community who joined with us to celebrate our students' leadership, art and sporting achievements.

Congratulations to our 2024 'Student Leaders':

Pyramid Hill College Captains: Dempsey Lee & Jed Stewart

Pyramid Hill College Vice Captains: Shamica Castro & Eloise Walters.

Loddon Sports Captains: Shamica Castro & Jack Gould

Loddon Vice Captain: Jaxon Peter

Terrick Sports Captains: Jed Stewart & Rylan Chislett

Terrick Vice Captains: Cecily Farrar & Alina Gould

Durham Ox Bus Captains: Ryan Chislett & Sophie Gilmore

Mincha-Terrick Bus Captains: Dempsey Lee & Eloise Walters

Yarrowalla Bus Captains: Jack Gould & Jed Stewart

Student Representative Committee Members: Shamica Castro, Eloise Walters,

Dempsey Lee, Jed Stewart, Riley Fergusson, William Kunde, Jamison Walters,

Charlotte Pickles, Olivia Scott, Alice Roberts, Tobias Wiltshire & Ruby Roberts



# REMINDER

**Year 7 & 10 please return your immunisation forms.**

**Term 1 Music Lessons payments are now due.**

# WANTED

**Parents/community members to listen to our primary students read in the mornings. Must have a Working with Children Check.**

## Pyramid Hill College Values

### Respect:

We are respectful of self, others and the environment. (we are thoughtful of our words and actions.)

### Learn:

We are learners who strive for excellence. ( We challenge ourselves to do our best.)

### Community:

We are community minded and embrace diversity. (We foster a sense of community and belonging for all.)

### Pyramid Hill College

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**School Council Elections**

Nominations are now being called for the vacant positions on School Council. Please consider becoming involved in this vital aspect of the College governance. Your views and input would be greatly appreciated and are a critical aspect of the functioning of the College.

Nominations are currently open and close on Tuesday 21st March. A ballot if needed will be held on Tuesday 28th March. Parent Representatives whose term has finished are Yvonne Poole, Tammy Peter, Rowan Broad and Genevive Policarpio. There are currently five vacancies on School Council – to make up the constituting order of eight parent members. Staff representatives whose term has finished are Tania Burke, Sean McCann and Kelly Gould.

Outgoing members, parents and staff are encouraged to stand for School Council, as a vibrant and active School Council is a key ingredient to the effective running of the College. Thank you to everyone on School Council and in particular to outgoing members for their support, efforts and contributions to the college. Nomination forms are available from the College.

**Beauty and the Beast Musical**

We have been fortunate to obtain a preliminary allocation of tickets to Beauty and the Beast the Musical at the Regent Theatre in Melbourne on Wednesday 23<sup>rd</sup> October, 2024.

Foundation to Year 10 students will be given the opportunity to attend the performance. Staff and students will be travelling to and from Melbourne on Millar’s Bus Lines.

The cost of the excursion is \$105. Families with CSEF are welcome to use their funds.

**Please note that payment and notes need to be returned by Friday, 12th August in order for us to secure the tickets. Tickets will only be allocated to students who have returned their note and payment.**

Permission notes have been distributed this week to give families plenty of time to save for this event. Please note that we are happy to take part payments as long as the full amount is paid for before departure.

**Fiona Moon,  
Principal.**

**HANDS ON LEARNING**

A program supported by Save the Children



Last week we had a shortage of students because of the triathlon. Harry, Isabella, Kayde and Charlotte worked on the stage for assembly while Daemon and Helen worked on cooking some bacon, onions and sausages. We ended the day by finishing the stage and I think everyone had a great day.

**LMR Swimming**

Six PHC students represented the College in the LMR Swimming at Swan Hill on Tuesday. Congratulations to Sophie, Laura, Cecily, Cooper, Siri and Jamison for competing and being great ambassadors to our school. Thanks also to Bu Gould and Mr McCann for transport and supervision.



**NAPLAN Timetable**

MON	TUE	WED	THU	FRI
		13 MARCH (+)	14 MARCH (+)	15 MARCH (+)
		09:00 AM - W Y3(5) Y5(4)	09:00 AM - R Y7(8) Y9(16)	09:00 AM - N Y3(5) Y5(4)
		09:45 AM - W Y7(8) Y9(16)	10:00 AM - R Y3(5) Y5(4)	10:00 AM - N Y7(8) Y9(16)
			11:20 AM - CL Y3(5) Y5(4)	
			11:30 AM - CL Y7(8) Y9(16)	
18 MARCH (+)	19 MARCH (+)	20 MARCH (+)	21 MARCH (+)	22 MARCH (+)
09:00 AM - CU Y3(5) Y5(4) Y7(8)	09:00 AM - CU Y3(5) Y5(4) Y7(8) Y9(16)	09:00 AM - CU Y3(5) Y5(4) Y7(8) Y9(16)	09:00 AM - CU Y3(5) Y5(4) Y7(8) Y9(16)	09:00 AM - CU Y3(5) Y5(4) Y7(8) Y9(16)

## Year F-6 News

### Thank you, Megan

We would like to thank Megan Gunther for all her help, whilst completing her teaching rounds at Pyramid Hill College. Megan spent some time in the Year 4/5/6 room and Year 2/3 room.

### Sandhurst Swimming Sports

Recently, Tia Gould and Elsie Poole represented our school at the Sandhurst Division Swimming Sports in Bendigo. The girls swam very well and benefited from the experience. Well done girls.



### Foundation Students Full Day

This week was the Foundation students first full week of school. They have done a great job

### St Patrick's Day Celebrations

St Patrick's School have kindly invited Years F-6 to join in their celebrations of St Patrick's Day on Monday 18<sup>th</sup> March, from 10.30am – 1pm. We will be walking to and from St Pat's. Sausages in bread will be provided for lunch but students can still bring their own lunch and may need some more lunch if the sausages aren't enough. They will still need their playlunch on the day.



### Good Friday Collecting

Once again, we are looking for students who are willing to collect money for the Royal Children's Hospital Good Friday Appeal on Good Friday morning. We will assemble at the Victoria Hotel at 9.00 am where we will form into groups with an adult to go collecting. We are also looking for some parents to accompany the students. If you are interested, please see Mrs Burke.



### Workers of the Week



**Jonathan Roberts:** great helper to other students in the classroom.

**Lily Simmons:** working very hard this week and listening to improve her work.

**Edie Gould:** sensational reading. So much practice and sharing makes your reading great.

**Maddie Leerson:** all the great skills to boost her learning. Having a go, trying challenges and careful listening.

**Zeb Gould:** showing persistence in writing.

**Alice Roberts:** great persuasive writing.

**Ziggy Conley (Yr 6 award):** congratulations to Ziggy for being kind and helpful.

### Classroom Cup



Congratulations to Year 4/5/6 on winning the Classroom Cup

## School Vision Statement

The Pyramid Hill College community is committed to providing an inclusive, caring and rigorous learning environment that engages our students and challenges them to reach their full potential; academically, socially, emotionally, physically and creatively.

Students are empowered to demonstrate and value knowledge and skills that will support them, as life-long learners, to participate in and contribute to a wider community.

We promote a positive school culture that ensures staff, students and parents feel valued, have meaningful opportunities to contribute to the school and can effectively engage in the learning journey.

# Years 7-10 Neighbourhood News

## NCD Triathlon



We had 28 students travel to Boort to compete in the triathlon. The students gave their all and encouraged one another and fellow competitors throughout the day. Thank you to the parents/family members who travelled to support the College and to the families who lent us road bicycles, your support is greatly appreciated. Thank you to Miss Fox, Carlene and Vaughan for their assistance on the day. Congratulations to the students who participated, we are very proud of you all.

### **Individual participants - 4km run, 12km bike ride & 300m swim**

Rylan Chislett  
Lily Price  
Matthew Caspani  
Tristan Broad

### **Team participants - 4km, 16km bike ride & 300m swim**

Tyler Manton (run), Thomas Hercott (ride) and Jaxon Peter (swim)  
Jacobi Mitchell (run), Kobi Manton (ride) and Cohan Lobb (swim)  
Cecily Farrar (run), Alina Gould (ride) and Sophie Gilmore (swim)  
Ollie Quaife (run), Eloise Walters (ride) and Dempsey Lee (swim)  
William Kunde (run), William Hercott (ride) and Jack Gould (swim)  
Rain Pantig (run), Sophie Twigg (ride) and Laura Poole (swim)  
Gillian Pacala (run), Jamison Walters (ride) and Siri Harrison (swim)  
Mitchell Quaife (run), Fletcher Cain (ride) and Cooper Gould (swim)

### **Placings**

Matthew Caspani 2<sup>nd</sup> Junior Boys  
Rian Pantig, Sophie Twigg and Laura Poole 3<sup>rd</sup> Junior Girls  
Rylan Chislett 2<sup>nd</sup> Intermediate Boys  
Cecily Farrar, Alina Gould and Sophie Gilmore 3<sup>rd</sup> Intermediate Girls

## Bicycle Education

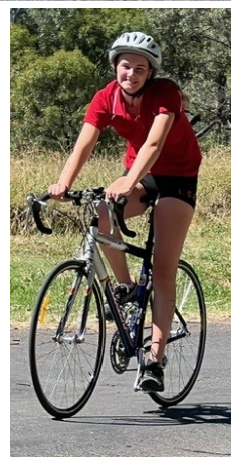
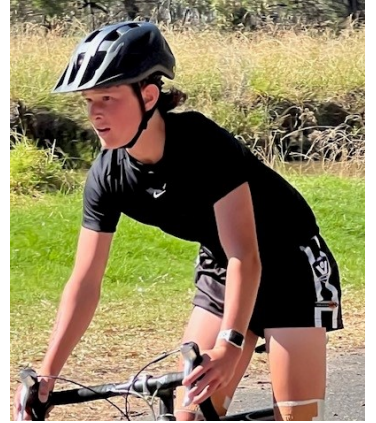


Bicycle Education will commence tomorrow, Friday March 15<sup>th</sup> for year 7&8 and year 9&10 students. The program will be conducted during normal Physical Education classes and will run for four weeks.

The unit is designed to build skills and confidence in riding a bike and knowledge of the road rules. Students will require a bicycle and helmet for this unit, if they do not have access to one they should contact Mr Roberts at the College. Bikes and helmets will be able to be stored at the College. The College has some bikes for use.



# NCD Triathlon



**Pyramid Hill College  
is a "Child Safe" School.  
We are committed to the safety, participation and  
empowerment of all children.**

# Wellness Whispers

## Pyramid Positive Parenting?



### TUESDAYS: Dynamic Dance in the Music Room!

Our new 'Dynamic Dance' lunchtime program has been a great success over the past three weeks. Seventeen students have signed up and we have had a lot of energetic fun focusing on rhythm, turns, spotting, leaps, and learning choreography. I have genuinely been impressed with the commitment, effort and focus all students attending have shown!



However, a special bonus of this program, is students developing life-long practices for their WELLBEING!

Dance is truly a wonderful pastime to exercise in a creative way, while having fun and connecting with others. It produces feel-good hormones, builds strength and stamina, reduces cortisol (stress hormone), provides mindfulness through focus and concentration in the moment and being physically present in your body. Plus, music also has therapeutic benefits. Group sessions provide social connection and interaction, teamwork, encouragement, and empathy for others.

### THURSDAYS: Chilled Creativity in the Library!



Our chilled creative lunchtime sessions in the library have been a good chance for students needing some time-out from the hustle and bustle outside in the school yard to relax in good company. Mindful creative activities have been available with colouring and free-drawing being the most popular.

We are looking at running a new parenting support group from the beginning of term two for our Pyramid Hill parents! So far there have been four parents expressing an interest in seeing this group run however a few more parents would be great!

This group would aim to support our local parents in their important work at home with their children. This group would be connecting to discuss and collectively address themes such as, boundaries, technology, sleep, nutrition, self-care, positive engagement, fostering autonomy, dealing with conflict and more.

The commitment would be six weekly sessions for an hour each time.

If interested, please contact Joy in the office to express your interest ASAP – along with a day and time preference. Any parental queries are also welcome – so please feel free to call me at school any day except Wednesdays.

Melanie.

## Pyramid Cares

### March Program

**Friday 1 and 15 March 11AM** - Carer's Coffees at the Neighbourhood House. This is open to all individuals caring for someone in the community.

**Thursday 21 March 5PM** - Caring for Kids at the Neighbourhood House. This is open to all individuals caring for children with complex needs.

**Every Thursday** (subject to weather) - walkers group for all carers wanting to socialise while improving overall health. Meet at Neighbourhood House for a 9:30AM start.

**Friday 22 March 1pm** - Art for the Heart at the Memorial Hall. This is open to all individuals caring for someone in the community, enjoy a guided painting session with afternoon tea. Bookings required. Call 54557129 or email pyramidhillprograms@gmail.com

The Connecting Carers in their Community grants program is supported by the Victorian Government.

