



Pyramid Hill College

Respect ● Learn ● Community

Pyramid Hill College is a Child Safe School



Newsletter
May 12th, 2022

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Principal's News



Mother's Day Breakfast

What a wonderful celebration we had on Tuesday with our Mother's Day Breakfast, It was so wonderful to welcome everyone back to face to face events. Thank you to all the mums, grandmas and friends who came along and how special was it to have some dads and grandpas with us as well. We hope that you enjoyed our time of sharing. It was a great opportunity to also welcome our local multicultural health promotion ladies, Genevive Policarpio and Aivie Asis who presented us with an informative update on Covid and support that can be received. A big thank you to our Year 6 students who cooked the pancakes, Year 10 students who assisted in many ways and the College staff who arrived early and worked tirelessly to ensure a successful event.

Student/Parent/Staff Conferences

We had a terrific number of families make the most of meeting teachers last Wednesday night. Providing and giving feedback is such an important part of the learning cycle and the partnership between all stakeholders is the key to a learner's ultimate success. The staff were very pleased to have the opportunity to meet with families, particularly face to face. Any parents that were unable to attend I encourage you to contact the office and make an appointment with the staff members you wish to see. Please be reminded that if families ever have a concern or have something that they would like to bring to our attention please feel free to contact the office to arrange an appointment to come in at any time. Often if something is 'nipped in the bud' early it saves a lot of angst and worsening of a situation.

NAPLAN

Well done to all students on the way they have put their heads down and put in their best efforts with the NAPLAN assessment this week. There will be a few catch up sessions next week. We have been pleased that the introduction of computers being used in the NAPLAN has been successful and will certainly assist with the validity of results across the state.



Term 2 Music Lessons

payments are now
due and payable to
the office or by
direct deposit.

Pyramid Hill College Values

Respect:

We are respectful of self, others and the environment. (we are thoughtful of our words and actions.)

Learn:

We are learners who strive for excellence. (We challenge ourselves to do our best.)

Community:

We are community minded and embrace diversity. (We foster a sense of community and belonging for all.)

Pyramid Hill College

Kelly Street, Pyramid Hill, 3575

Tel: 5455 7377 -

Email: pyramid.hill.co@edumail.vic.gov.au

Website: www.pyramidhill.vic.edu.au

Curriculum Days

Please be reminded of our student free days on Wednesday 25th and Thursday 26th May. All College staff will be participating in training for the Berry Street Educational Model. This training provides strategies for teaching and learning that enables teachers to increase engagement of students with complex, unmet learning needs and to successfully improve all students' self-regulation, relationships, wellbeing, growth and academic achievement. Year 10 students will still be required to attend VET at the NCTTC on Thursday 26th May.

Hours of Attendance

The school grounds are supervised by staff from the hours of 8:40am – 3:30pm. These are the only times that students should be on the school property unless there is a teacher supervised school event happening.

National Walk Safely to School Day

National Walk Safely to School Day is on Friday 20th May, 2022. This campaign encourages all students, parents, carers and staff to walk safely and regularly to school. Walking regularly is the best exercise because you can build it into your daily routine. On Friday we encourage all students, staff and family members to meet at the Lion's Park at 8:40am. The school buses will drop off our students at the park and then we shall all walk together to school.



School Council Meeting

A reminder that the May School Council meeting will be held at 6pm on Wednesday 18th May in the BER. School documents pertaining to the meeting will be emailed today.



headspace Bendigo Parent/Carer session: navigating uncertainty and change

headspace National in conjunction with headspace Bendigo are hosting a webinar for parents and carers of young people to support their mental health.

The session aims to:

- Strengthen understanding of how young people can be affected by change and uncertainty.
- Build skills and strategies to support young people who are navigating change.
- Identify signs that young people may need additional support.
- Build awareness of local, state, and national supports available to young people.

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health

When: Monday 30th May

Where: online via Zoom

How to register

Click [here](#) to register via Eventbrite, or copy the URL below into your web browser: <https://bit.ly/3NrxDS>

After you have registered, you will receive an email confirmation from Eventbrite which will include the Zoom meeting link to access the webinar. Please note this webinar will not be recorded.

All those who register will receive a digital information pack after the session that includes key messages as well as links to resources and support services.

Contact:

For more information email: programsupport@headspace.org.au

If you or a friend find yourself in a time of need, here are some local services who can help.



In case of an emergency, call 000 immediately

Kids helpline: 1800 551 800 - 24 hours.

Mental Health Regional Triage Service: 1300 363 788 - 24 hours.

Lifeline: Call 13 11 14 - 24 hours or Text 0477 13 11 14 - 12pm-2am.

Beyond Blue: 1300 224 636 - 24 hours.

Suicide Call Back Service: 1300 659 467 - 24 hours.

Homeless Crisis: 1800 825 955 - 24 hours.

Family Violence Crisis Support: 1800 015 188 - 24 hours.

National Alcohol and Other Drugs Hotline: 1800 250 015 - 24 hours.

Sexual Assault, Domestic/Family violence: 1800 737 732 - 24 hours.

ehheadspace: 1800 650 890 - 9am-1am 7 days.

headspace Bendigo: 5406 1400 Mon-Tue 9am-6pm, Wed 9am-5pm, Thurs 12.30pm-5.00pm & Fri 9am-5pm

BCHS Sexual Health Services: 5406 1200 - 9am-5pm Mon-Fri.

Rainbow Door: 1800 729 367 - 10am-5pm 7 days.

QLife: 1800 184 527 - 3pm-12am 7 days.

Ask Izzy: www.askizzy.org.au/ Online resource with over 370,000 support services.



SCAN HERE →

Want a digital copy of this poster to store on your phone, share with friends or make your wallpaper? Scan the QR code here!



School Vision Statement

The Pyramid Hill College community is committed to providing an inclusive, caring and rigorous learning environment that engages our students and challenges them to reach their full potential; academically, socially, emotionally, physically and creatively.

Students are empowered to demonstrate and value knowledge and skills that will support them, as life-long learners, to participate in and contribute to a wider community.

We promote a positive school culture that ensures staff, students and parents feel valued, have meaningful opportunities to contribute to the school and can effectively engage in the learning journey.



MOTHER'S DAY BREAKFAST 2022

Year 7-10 Learning Neighbourhood

Hands on Learning

Thank you to Helen, Mr McCann and Mr Morison for running Hands on Learning in my absence last week. The students created wooden boards for their mum/special person for Mother's Day. Great work team.

Golf

Well done to Blake Gibson and Jed Stewart who represented the College in the SSV Golf tournament at Kerang last Friday. Thank you to Steven Gibson for taking time out to accompany the boys.

NCD Cross Country

Sign up forms for the NCD cross country have been placed into homerooms this week. Students who are interested need to place their names on this sheet. Permission notes will be distributed for the cross country in the upcoming weeks.

Push up challenge

We have signed up to complete the Push Up Challenge again this year which runs from June 1st to June 25th. Participants are encouraged to complete 3139 push ups over this time frame. Participants do not need to do push ups, they can do another form of exercise such as sit ups, burpees or squats. In addition, the number of exercises done can be reduced or increased. The initiative is designed to promote mental health and wellbeing through awareness and conversations. To take part you can sign up at the link below. Parents, guardians and community members are encouraged to join too.

<https://www.thepushupchallenge.com.au/fundraisers/pyramidhillcollegeandcommunity>

Year 9/10 Rugby Jumpers



Jumpers have arrived and students who have paid have collected theirs today. All others are in the office awaiting payment.



VicSRC Training for North Central Schools



Students from Pyramid Hill College, Boort District School and East Loddon P-12 College came together on Tuesday 10th May to take part in student leadership training, led by NCLLEN staff, Angela Poxon and Barb Bear. Students discussed the purpose of SRC Leadership Teams, their role as representatives of the whole student body and how they can influence change to improve the wellbeing and learning experiences of students. Groups identified their individual skill sets and shared fundraising ideas. Students were also shown how to run meetings effectively, using an agenda and keeping minutes. Social media, newsletters and local newspapers were suggested as useful ways to promote activities and raise the profile of SRCs in their schools. Students were enthusiastic about getting involved and showed they are committed to their leadership roles. Training for all North Central schools has been provided as part of the Buloke Loddon ENGAGE! program.

Year F-6 News

Read to Succeed

It is very important that students read daily at home and sign this in their diaries.

Research shows that students who read daily do better at school in all subjects. It is also evident the students who had read most nights and had 250 nights last year were the students that are doing well at school.

Please encourage your child to read daily, as it is very important to their progress in all subjects.

Diaries

Every student has been supplied with a school diary which is required to come to school every day.

The diaries are used for:

- *Reading
- *Communication between Teacher and Parent e.g. If the student is going on the bus or if the student was upset before they came to school.
- * Important dates on school calendar
- *Homework due.
- *Spelling words to learn.

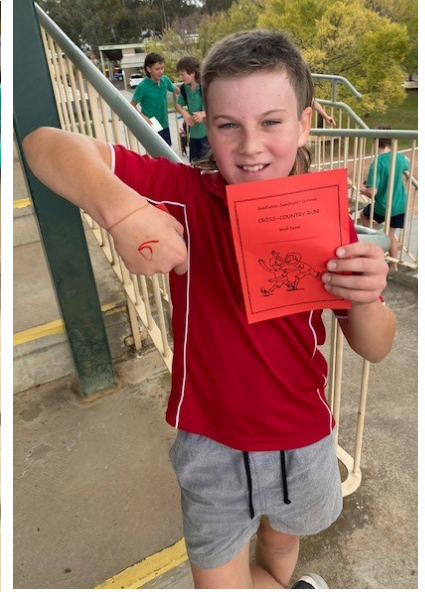
Slippers for Inside

We are experiencing a lot of wet weather lately. Students may now bring their slippers to school and change their shoes before entering the building.

Sandhurst Division Cross Country

Congratulations to our students who represented the College at last Friday's Sandhurst Division Cross Country, held at the Bendigo Racecourse. All students did the College proud with their efforts and conduct throughout the day. Students had the option to participate in Blue (top division) and Red (second division) on the day in fields of over 200 competitors.

Congratulations to the following students: Isabella, Tyler P, Tyler M, Thomas, Kayde, Tristan, Sasha, Jamison, Fletcher, Matthew and Cooper.



Victorian Premiers' Reading Challenge

The Challenge is now open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development.

- Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers.
- Children from Year 3 to Year 10 are challenged to read 15 books.

It is not a competition; but personal challenge for children to read a set number of books **by 2 September 2022**.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

To read the Premier's letter to parents, view the booklist and for more information about the Victorian Premiers' Reading Challenge, visit:

www.education.vic.gov.au/prc

Students, please see Mrs McKinnon to register you and to get a reading record sheet to log all the books you have read.

Head Lice

Please keep checking your children's hair and make sure that long hair is tied back for school.

The Shrine of Remembrance Trustees and
Pyramid Hill Memorial Hall Committee & Progress Assoc
are pleased to invite you to

CHANGED FOREVER

LEGACIES OF CONFLICT
A SHRINE OF REMEMBRANCE TOURING EXHIBITION

Exhibition opening
6:00 – 8:00pm 20 May, 2022
Foor talk and early viewing 5:00pm

Finger food provided

RSVP for catering 17 May, 2022
By email: pyramidhillpress@gmail.com
in person: at the Neighbourhood House
By phone: 5455 7129



shrine.org.au/changedforever



20 May – 26 June 2022
Open Wed, Thurs & Sun 11:00am – 03:00pm
Fri 01:00pm – 04:00pm
Pyramid Hill Memorial Hall
Kelly Street, Pyramid Hill



Remember, you are never alone.

-  **National Alcohol and Other Drugs Hotline** - 1800 250 015 24 - hrs
-  **Sexual Assault, Domestic or Family violence** - 1800 737 732 24 - hrs
-  **Homeless Crisis** - 1800 825 955 - 24 hrs
-  **BCHS Sexual Health Services** - 5406 1200 - 9am-5pm M - F
-  **Rainbow Door** - 1800 729 367 - 10am-5pm
-  **QLife** - 1800 184 527 - 3pm-12am 7 days
-  **ehespace** - 1800 650 890 - 9am-1am 7 days

Want a PDF version of this card? Scan this QR Code.
Save a copy onto your phone.



NATIONAL RECONCILIATION WEEK

Brought to you by



We all have a role to play when it comes to reconciliation, and in playing our part we collectively build relationships and communities that value Aboriginal and Torres Strait Islander peoples, histories, cultures, and futures.



What is National Reconciliation Week?

National Reconciliation Week is a time for all Australians to learn about our shared histories, cultures, and achievements, and to explore how each of us can contribute to achieving reconciliation in Australia.

What is the theme for 2022?

The National Reconciliation Week theme, “**Be Brave. Make Change.**” is a challenge to all Australians- individuals, families, communities, organisations and government- to *Be Brave* and tackle the unfinished business of reconciliation so we can *Make Change* for the benefit of all Australians.

How can we get involved?

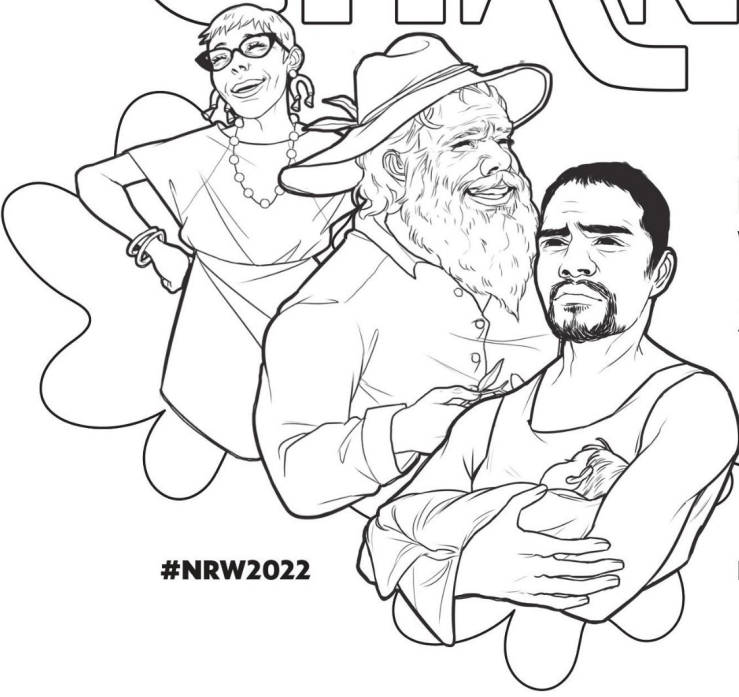
Be a part of Reconciliation Week by attending Kerang Reconciliation Week– 27th May 2022, commencing from Victoria Street Kerang at 10am.

Contribute to the event by colouring the Make Change colouring by Indigenous Australian illustrator and artist, Tori-Jay Mordey. All colourings will be on display at Sir John Gorton Library during Kerang Reconciliation Week. Colourings to NDCH offices or GSC Library Services by 25th May 2022.



RECONCILIATION
AUSTRALIA

BE
BRAVE
MAKE
CHANGE.



**NATIONAL
RECONCILIATION
WEEK 2022**

27 MAY - 3 JUNE

#NRW2022

NRW.RECONCILIATION.ORG.AU

LET'S GO SKATE WEEKEND

SKATE SESSIONS WITH PRO SKATER RENTON MILLAR

FREE



SATURDAY 28TH MAY

INGLEWOOD SKATE PARK
1PM - 4PM

SUNDAY 29TH MAY

COHUNA SKATE PARK
10AM - 1PM

This is an alcohol, drug and smoke free, safe and supervised event for all ages



CENTRAL VICTORIAN

INDIGENOUS FILM FESTIVAL



MAY 27 - JUNE 3 | WWW.BENDIGO.VIC.GOV.AU

The Central Victorian Indigenous Film Festival is back in 2022 to celebrate National Reconciliation Week. Experience a range of films, videos, activities and discussions in local venues and online. This year's festival showcases an exciting range of Indigenous films, documentaries and videos starring and telling stories about Aboriginal and Torres Strait Island people from Central Victoria and across Australia.

**BE
BRAVE.
MAKE
CHANGE.**
NATIONAL
RECONCILIATION
WEEK 2022

Thursday May 26

Winner of the Central Victorian Koorie Youth Flick Fest 2022

Join us at 4.30pm at the Bendigo Library lawn for the opening of the Central Victorian Indigenous Film Festival with a Welcome to Country and Smoking Ceremony. This event will include the announcement and viewing of the winning short film for this year's Koorie Youth Flick Fest.

Time: 4.30pm

Venue: Bendigo Library, 259 Hargreaves Street, Bendigo

Cost: Free

Host: DJAARA

Friday May 27

Djurrpun and other wisdoms

Time: 1pm - 2pm

Venue: Bendigo Science and Technology Discovery Centre

Cost: \$5 per child, adults free

Host: Bendigo Science and Technology Discovery Centre and BDAC

To book: [Follow this link](#)

In My Blood It Runs

Fundraising event to support the community (central to the film) to establish a school in Djuwan's homelands, Mpweringke Anapipe, in the Northern Territory.

Time: Doors open at 6.30pm for a 7.15pm screening

Venue: Glenlyon Community Hall, Daylesford-Malmsbury Road, Glenlyon

Cost: Entry by donation

Host: Forest Film Society 3461

Saturday May 28

Nyarrn-gakgo mangkie: Voices of First Nations womxn

Time: 2pm

Venue: La Trobe Art Institute, 121 View Street, Bendigo

Cost: Entry by donation

Host: Weenthunga Health Network

To book: [Follow this link](#)

Sunday May 29

Ablaze

Time: 11am

Venue: Theatre Royal, Hargreaves Street, Castlemaine

Cost: Adult \$15, Concession/Loyal Royal Member \$12

Full day pass: Adult \$40, Concession/Loyal Royal Member \$35

Host: Theatre Royal

To book: [Full day pass](#)

Blak Divaz

Time: 2pm

Venue: Theatre Royal, Hargreaves Street, Castlemaine

Cost: Adult \$15, Concession/Loyal Royal Member \$12

Full day pass: Adult \$40, Concession/Loyal Royal Member \$35

Host: Theatre Royal

To book: [Full day pass](#)

Wash My Soul in the River's Flow

Time: 4pm

Venue: Theatre Royal, Hargreaves Street, Castlemaine

Cost: Adult \$15, Concession/Loyal Royal Member \$12

Full day pass: Adult \$40, Concession/Loyal Royal Member \$35

Host: Theatre Royal

To book: [Full day pass](#)



CVIFF acknowledges the Traditional Owners of Country throughout Australia and recognises their continuing connection to land, waters and community. We pay our respects to them and their cultures; and to Elders past, present and emerging.