



# Pyramid Hill College

Respect ● Learn ● Community

Pyramid Hill College is a Child Safe School



**Newsletter**  
May 26th, 2023

## Diary 2023

### May

- 22-5 June Attitude to Schools Student Survey
- 31 Canberra instalment due
- 31 School Photos

### June

- 2 A Taste of Africa performance
- 6 Cybersafety and Consent Night
- 12 Public Holiday
- 16 VET Taster Day

## Principal's News

### Hapkido

Pyramid Hill College students have taken the opportunity to learn self defence skills under Hapkido instructor Mr David Rees.

The students will be a force to be reckoned with in the future as they have mastered a number of moves that will leave any unsuspecting attacker literally on their knees. Not only has it been a fun filled after school activity, Hapkido has also given students the knowledge of the power that they can exert and the skills in preserving their own safety.

Thanks NDCH for sponsoring the six week sessions of Hapkido; our students have had a blast!



### Berry Street Training

Over the last two days all College staff have travelled to Kerang and completed the four day training in The 'Berry Street Education Model' (BSEM). This training has equipped staff members with practical, classroom-based strategies to increase the engagement of all students, including those with complex, unmet learning needs.

This week staff learning has focused on:

- Day one: **Stamina** – How to create a culture of academic persistence in your classroom by nurturing student resilience, emotional intelligence and a growth mindset.
- **Engagement** – How to motivate students with strategies that increase their willingness to learn
- Day two: **Character** – How to harness our values and character strengths approach for effective learning and for future pathways.



**1 WEEK**  
UNTIL MSP PHOTOGRAPHY  
VISITS OUR SCHOOL

Please call MSP on 5482 3190 if you have any questions.

## Pyramid Hill College Values

### Respect:

We are respectful of self, others and the environment. (we are thoughtful of our words and actions.)

### Learn:

We are learners who strive for excellence. ( We challenge ourselves to do our best.)

### Community:

We are community minded and embrace diversity. (We foster a sense of community and belonging for all.)

### Pyramid Hill College

Kelly Street, Pyramid Hill, 3575

Telephone: 5455 7377

Email:

pyramid.hill.co@education.vic.gov.au

Website: www.pyramidhill.vic.edu.au

## Cybersafety and Consent Education

On Tuesday 6 June Allie Collyer, Community Legal Education Worker at Mallee Family Care and the Community Legal Centre will be presenting sessions to all year levels on Cybersafety and to Year 9/10 on Consent Education. Each presentation learning outcomes will be at appropriate DET curriculum levels.

The sessions will focus on:

Foundation 1: Reading of Swoosh and Glide eSafety book and activities. Very low level but following eSafety guidelines for this age group.

Year 2/3: Reading of Swoosh and Glide eSafety book and activities. Very low level but following eSafety guidelines for this age group.

Year 4/5/6: General cybersafety, being kind online etc

Year 7/8: Cyberbullying and sharing of intimate images

Year 9: Sexual consent and sharing of intimate images

Year 10: Sexual consent and sharing of intimate images

Allie will be hosting a parent information night to be held from 6:00-7:30pm and I urge parents to come and enjoy a light dinner in a judgement free zone. Please come armed with questions or wonderings regarding the online space, or consent education and legal ramifications. Allie is a wealth of information and will tailor the session to parent needs. I guarantee that you will come away from the evening with some great strategies and be more informed in navigating the online space and keeping your children safe.

## Attitude to School Student Survey

We value student voice as a means to improving student engagement, wellbeing and quality instruction and are conducting a survey to find out what your child thinks of your school.

The AtoSS is an annual student survey offered by the Department of Education and Training to assist your child's school to gain an understanding of students' perceptions and experience of school. Students will be asked about their thoughts and feelings in relation to their school, their learning, peer and family relationships, resilience, bullying, mental health and wellbeing, physical activity, and life in general.

This year, the AtoSS will be conducted over the period 22<sup>nd</sup> May -5<sup>th</sup> June.

## Navigating Tricky Online Issues

The Mallee Family Care Community Legal Centre is presenting a free information session to Pyramid Hill parents and carers covering:

- Keeping your children safe online –cyberbullying, grooming etc
- Social media apps and privacy settings
- Family rules around technology
- The importance of open conversations
- Where to find resources and support

- Do you find it difficult to keep up with the digital world of your children?
- Are you concerned about your children's access to social media?
- Do you struggle with knowing where to find quality resources to help with these often difficult to talk about issues?

No lectures or judgement – just important information to help navigate this often challenging time.

Please join us at the school:



**Tuesday 6th June**  
**6.00pm – 7.30pm**



## Debutante Ball

2023 is the year of the biannual 'Debutante Ball' and the proposed date is Friday 20<sup>th</sup> October. We are now calling for an expression of past and present students (aged 15+) who are interested in making their debut. Please note that there is a 10 week lead in with Sunday night trainings before the event and 90% attendance is expected. If interested please collect a letter from the office that further outlines the estimated costs and information regarding this event. Expressions of interest (by both singles and couples) are required to be submitted to the office by Friday 9<sup>th</sup> June. We will require a minimum of six couples to ensure this event proceeds.



**Fiona Moon,**  
**Principal**



## **Victorian Premiers' Reading Challenge**

The Challenge is now open to all Victorian children from birth to Year 10 in recognition of the importance of reading for literacy development.

- Children from Prep to Year 2 are encouraged to read or 'experience' 30 books with their parents and teachers.
- Children from Year 3 to Year 10 are challenged to read 15 books.

It is not a competition; but personal challenge for children to read a set number of books **by 8 September 2023**.

All children who meet the Challenge will receive a certificate of achievement signed by the Victorian Premier and former Premiers.

**Students, please see Mrs McKinnon to register you and to get a reading record sheet to log all the books you have read.**

## Year F-6 News

### Workers of the Week



**Libby Martin:** trying really hard with improving all round.

**Amelia Stevens:** trying really hard with all her work even when she wasn't well.

**Kayde Roberts:** some great sizzling starts in his narrative writing.

**Elsie Poole:** persevering with long division.

**Athena Wiltshire:** great attitude towards her learning and doing some great work.

**Tia Gould:** great work, especially when working in teams and encouraging others.

### Reading Nights



**100 Nights:** Maddie Leerson, Ruby Mitchell, Lillian Broad, Tyler Manton.

### Classroom Cup

Congratulations to the Year F/I class on winning this week's Classroom Cup.



### Canberra Camp

Just a reminder that the next payment for the Canberra Camp for Year 5/6 is due on Wednesday 31st May.

### Beach Camp

A note for the Beach Camp for Year 2-6 from the 9<sup>th</sup>-11<sup>th</sup> October has been sent home and is due back by Wednesday 31st May with a deposit of \$50 if your child is interested. If your child is not going on camp and would like to go to the zoo for the day, please let Joy know and she will print off a permission slip. This group will be meeting the Year 2-6 camp for the day.

### Zoo Excursion

A day excursion to the Melbourne Zoo for the Year F/I (and any students not going on Year 2-6 camp) has been organised for 9<sup>th</sup> October. A note has been sent home today. It is due back by Wednesday, 7th June with a deposit of \$20.

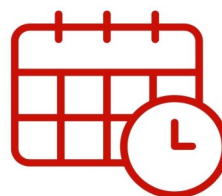
### Sickness

It has been a short week with many students away sick. Thank you to those parents who have kept their students home when they were sick and hopefully with a few extra days off this will help everyone get over their colds.

## First Aid Courses in Pyramid Hill

- >Provide CPR
- >Provide First Aid
- >Provide First Aid in an Education and Care Setting
- >Continuous Learning available

**TO REGISTER:** <https://richriverfirstaid.com.au/training-dates/>  
**1300 046 381**



**THURSDAY**

**1ST JUNE**

**9.30AM**



Senior Citizens Centre  
McKay Street, Pyramid Hill



**RICH RIVER FIRST AID**

## Year 7-10 Learning Neighbourhood

### Snow Camp Year 9&10 students

Unfortunately, we have received news from the Bogong Outdoor School that the accommodation is unavailable to be used for school camps due to a landslip, which is preventing access to the area. We are currently working with the Outdoor School and other potential providers to find a way for the camp to proceed. A change in provider may result in an adjusted price and a change of date. We will endeavour to provide an update to families as soon as possible, once updated information is confirmed.

If you have any questions regarding the camp, please contact the College on 54557377.

### Push-Up Challenge

The College is completing the Push-Up Challenge again this year. The challenge aims to raise awareness, engage, educate and raise funds for mental health. Students, staff and community members are all encouraged to sign up at the link below. You don't need to complete push ups, you can do different forms of exercise such as squats, sit ups etc.

<https://www.thepushupchallenge.com.au/fundraisers/pyramidhillcollege2023>

### Junior Golf Clinics

The Pyramid Hill Golf Club will be running a junior clinic this year. The clinic will be run by Luke Roberts and no experience or equipment is necessary. The club have been very lucky to receive funding for a scholarship program for girls. When signing up girls will need their parent/guardian to sign them up to the scholarship program, boys can be signed up in the junior program section. Girls can also be signed up to the junior program if they don't wish to be in the scholarship program. The programs will run at the same time.

**Dates:** Commencing Sunday June 4th (Running on Sunday's for 5 consecutive weeks and competitions thereafter)

**Time:** 10:00am – 11:00am

**Ages:** 5 years old – 16 years old

**Location:** Meet at the Pyramid Hill Golf Clubhouse

**Cost:** Free

**Link to sign up:**

<https://www.golf.org.au/mygolf/program-search/>

Search Pyramid Hill. Click view programs at the bottom of the page. Names can also be given to Luke Roberts.

**What to bring:** Warm clothes and a full drink bottle (no equipment or experience is needed)

**Toilets:** The toilets at the clubhouse will be available. Please contact Luke Roberts if you have any questions.

### Career Stories



Looking for career inspiration? Check out these career stories from myfuture – there are over 100 and you'll find stories about real careers from all industries.

**Read them all here –**

[myfuture.edu.au/career-stories](https://myfuture.edu.au/career-stories)

**Term 2 Music Lessons  
are now due and  
payable to the office or  
by direct deposit.**



**BULOKE  
LODDON**



### Need help getting your P's?

The TAC L2P program helps young learner drivers (16-21) with limited access to supervising driver or vehicle to get on the road with trained mentors available to help them obtain the 120 hours necessary to get their licence.



For more information about this FREE program contact the North Central LLEN on 03 5491 1144 or email [l2p@ncllen.org.au](mailto:l2p@ncllen.org.au)

**North  
Central  
LLEN**

## Indonesian Student Exchange

Pyramid Hill College are seeking host families for 10 Indonesian students on exchange again this year. Students will be aged between 15 and 17, years, with six girls and four boys keen to experience life as part of our community in Pyramid Hill. Two staff members (one male, one female) will also be seeking hosts.

The exchange will take place from 29th July - 12th August 2023.

If your family are interested in hosting, please let Joy know in the office.

If you have any further questions, contact Kelly Gould via email: [kelly.gould2@education.vic.gov.au](mailto:kelly.gould2@education.vic.gov.au)



# Understanding Toddlers

This workshop will give parents and carers of toddlers the opportunity to share ideas and experiences with others.

We will discuss toddler development and the joys and challenges this stage brings to your family.

Discussion will also focus on parenting strategies you may use for this age group.

✓ Strategies

✓ Support

✓ Understanding

## Workshop Details:

**Location:** Pyramid Hill College, in the BER  
97 – 101 Kelly St, Pyramid Hill

**Date:** Thursday 22<sup>nd</sup> June, 7:00pm – 8:30pm  
Arrival: 6:45pm

Register at [www.catholiccarevic.org.au/register](http://www.catholiccarevic.org.au/register)  
or with the QR code above.

This is a FREE single session workshop only delivered by CatholicCare's Regional Parenting Team.

**Early registration is encouraged.**

Your local contact is Julie Kerr: 0438 336 991

Hosted by:



**Pyramid Hill College**  
Respect Learn Community

## Register:

CatholicCare Victoria

P 03 5438 1300

E [bendigo.reception@catholiccarevic.org.au](mailto:bendigo.reception@catholiccarevic.org.au)

[www.catholiccarevic.org.au](http://www.catholiccarevic.org.au)

(03) 5438 1300 | 176 – 178 McCrae Street, Bendigo VIC 3550

# **KID'S NIGHT**

**AT THE NEIGHBOURHOOD HOUSE**

**FUN FOR ALL STUDENTS IN FOUNDATION -YEAR 12**

**TIME: 3:30-5pm**

**Every Monday, starting on the  
5th June**

## **Activities include:**

- Card/Board games
- Access to the Library
- Quiet space for homework
- Snacks
- Computers for use
- Nintendo Switch\*
- Free WI-FI

**CLEO THE COMMUNITY CAR would be free for anyone  
needing a ride home\***

**\*Bookings are required the Friday before each Monday**

**To book call 5455 7129 or email [phnh@bigpond.com](mailto:phnh@bigpond.com)**

**Please state child/ren name/s and parents/guardians phone number**

**Or fill out a form with mentioned details and give to Jasmine at PHC**