

# **Pyramid Hill College**

Respect







Newsletter

September 2nd, 2022

Pyramid Hill College is a Child Safe School

### **Diary 2022**

#### **S**eptember

- 5-6 Duke of Ed Camp
- 7 Sports Colour Day
- 9 Curriculum Day No School
- 14 Princess' New Clothes at St Pats F-6
- 15 Disco
- 16 School Assembly 12.30pm
- 16 End of Term 3 Dismissal 2.30 pm

#### October

- 3 Start of Term 4
- 5 Parent/Teacher/Student Interviews
- 7 House Athletics
- 14 Yr 5/6 Cricket Boort

### **Principal's News**

#### Fathers' Day

Today we welcomed all our Dads, Grandpas and friends to our traditional Fathers' Day Breakfast. We hope that you all enjoyed having breakfast with that special young person in your life and cherished the moment. May all our Dads, Grandpas and special friends have a wonderful day on Sunday and hopefully you get to spend time with your loved ones.

#### **AET Excursion**

Special thanks to Drew and Yvonne who gave their time to show the Year 7 and 8 students around the 'newest' business in town. Many questions were asked and knowledge gained as the workings of this innovative business were explored. As Drew shared his business journey our students were certainly inspired and were encouraged to 'dream' big because the possibilities are endless. We look forward to AET getting their green tick and going into production. We can't wait to see the future of this business unfold and the positive impact, environmentally, economically and socially on Pyramid Hill.

#### **Student Free Day**

On **Friday 9**<sup>th</sup> **September** there will be a student free day as teachers participate in a professional practice day. Professional practice days are designed for teaching staff to undertake professional development to improve their teaching practice, such as teams of teachers planning curriculum or teams visiting other schools. The DET is recommending that schools hold one of the two further professional practice days on the same day for all staff, which then becomes a student free day. This supports effective and efficient use of the day and alleviates work force pressures.

# Pyramid Hill College Values

#### Respect:

We are respectful of self, others and the environment. (we are thoughtful of our words and actions.)

#### Learn:

We are learners who strive for excellence. (We challenge ourselves to do our best.)

#### Community:

We are community minded and embrace diversity. (We foster a sense of community and belonging for all.)

#### **Pyramid Hill College**

Kelly Street, Pyramid Hill, 3575

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#### Covid-19

Thank you to all families for your vigilance in monitoring for symptoms of Covid and for keeping students at home when unwell. Over the last few weeks we have had a rising numbers of students with Covid and we thank families for informing us of this. Just a reminder that with current regulations, when a student tests positive for Covid-19 they are required to remain isolated at home for a week. On the seventh day following the test they may return to school. Close family contacts that are symptom free may continue to attend school, however those aged 8 and over must wear a mask inside and on the bus.

#### **Calder Sports**

A great day was had for all the primary students as they participated in the Calder Sports at Charlton yesterday. Congratulations to all the students participated in an enthusiastic yet calm manner. Thank you to all the staff who supervised students and ran events. It was wonderful to have parents attend and support our students on the day.

#### 2022 Parent/Caregiver/Guardian Opinion Survey

Our school is conducting a survey to find out what parents/ caregivers/guardians think of our school. The Parent/Caregiver/ Guardian Opinion Survey is an annual survey offered by the Department of Education and Training that is designed to assist schools in gaining an understanding of families' perceptions of school climate, student behavior, and student engagement. We encourage all families to participate in this survey. Our school will use the survey results to help inform and direct future school planning and improvement strategies.

The Parent/Caregiver/Guardian Opinion Survey will be conducted from Monday 15<sup>th</sup> August to Friday 16th September.

The survey will be conducted **online**, only takes **20 minutes** to complete, and can be accessed at any convenient time within the fieldwork period on desktop computers, laptops, tablets or smartphones.

Last year we used the survey results when planning the curriculum, extra curricular activities and special programs. We also used the survey results when reflecting and improving our learning and teaching practices.

An invitation and instructions on how to participate will be distributed to all families on Compass. If any parents need assistance accessing Compass please phone the school to make an appointment. We are only too happy to assist you through this process.

Hats are now compulsory for all students.



all students.

Replacement hats are available at the office for \$12





#### **Sports Finals**

As we come to the end of the winter sports season the finals are upon us. Congratulations to all students who have so far participated in netball/football/hockey or baseball finals. This weekend we have students playing in a Grand Final and others playing to make it into a Grand Final. Our very best wishes to all those students who are playing this weekend. Also good luck to Mr Morrison and Mr O'Connor who are also playing in finals this weekend.

#### Reminder for Parents

of Bus Travellers

Please let the office know if they are not travelling on the bus.

Parents of students who are travelling on the bus but getting off at a different stop need to phone the office. This also applies if someone else is picking up their children from school.

## **Direct Deposit Instalments:**

We have had a lot of success with families paying part payments online. A small amount can add up and we have a lot of families in credit. This money can then be used for camps/excursions etc and it takes the pressure off finding money at the last minute.

If you think this might interest you, please contact Joy and she will help you set it up.

#### Year F-6 News

#### **Workers of the Week**



Jasper Mutugi: for his wonderful reading and writing. Edie Gould: for her positive attitude towards her school work.

**Zeb Gould:** great work using his sounds to help his writing. Maddie Leerson: trying very hard at the Calder Sports.

#### Year 6 Awards:

Jasper Mutugi: going really well at the Calder Sports. Wendy: for setting up Breakfast Club every week. Mitch Quaife: for helping the little kids at the sports.

#### **Reading Nights:**

Congratulations to these students for their reading efforts. 100 nights - Kyle Roberts, Alice Roberts, Nevaeh Golding 150 nights - Jamison Walters

200 nights - Athena Wiltshire, Max Twigg, Olivia Scott, Fletcher Cain, Laura Poole, Matthew Caspani



#### **Visit to Pre-School**

Due to the wet weather the Year F/I students were unable to visit the Pre-school on Tuesday morning. This has been My Dad works at school. He makes me bacon and eggs for postponed until Tuesday 6<sup>th</sup> September, when the Year F/I students will walk down to the Pre-school at 9.30 am and return at 10.30am.

#### St Pats Play - The Princesses New Clothes

to St Pats School to watch the play 'The Princess' New Clothes' put on by the St Pats students. We will be leaving the College at 9.30am and returning by approximately 11.30am.

#### Classroom Cup

Congratulations to the Year 6 class on winning the cup this



#### Year F/I Thoughts about their Dads:



My Dad takes me to the dairy and I help him round the cows up on my Pee | Wee 50 and chop wood. I love my Dad, he is the best Dad in the world. I love him because he is getting me a new dirt bike. By Jett

My Dad takes me around the sheep in the ute and works hard so we can have things. Sometimes he hears me read

and puts me to bed. By Lucy

My Dad works and he lays down and watches the footy. He always goes to auctions and buys old stuff that Mum says we don't need. Dad makes me breakfast sometimes and he buys me lots of things I love. I love my Dad. By Kerenza

My Dad plays with me and he races with me on my bike. He lets me find some motorbikes on his phone. My Dad buys me toys and he is going to buy me a motorbike. Dad's the best in the whole world. By Jasper

My Dad makes me laugh by tickling me. He likes when I give him a big hug. Dad lets me watch movies on the weekend. He sometimes takes me to golf and gives me a ride in the golf buggy. My Dad works hard, digging and doing gardening. I love my Dad. By Maddie

My Dad cooks tea for me. He cooks me vegetables that I have to eat or I'm grounded for the night. He takes me to school and picks me up sometimes. He works hard at a piggery. He is the best Dad. By Tobias

breakfast. Dad puts me to bed and reads me a story. He plays games with me and we do the jobs, like the chooks. He is the best Dad in the world. By Ruby

My Dad works hard at the piggery. He buys me toys and On Wednesday 14th of September Year F-6 have been invited takes me to the bakery. My Dad listens to me read. Sometimes he goes on holidays with me. He is the best Dad.

By Kirk

## Year 7-10 Learning Neighbourhood

#### **LMR Athletics**

Congratulations to Harry Goodes and James Correa who have progressed through to the next level of athletics. Harry will progress in long jump and high jump and James will progress in shot put. This event will be held in Bendigo on Thursday October 6<sup>th</sup>. Congratulations to all of the other members of the NCD athletics team.

#### **Canteen**

Thank you to Mrs Moon and her Community Connections class (Josephine, Kaitlin, Charli and Mia B) for their efforts in organising the canteen each week. It has been a huge hit with the senior students and everyone involved has shown organisation and initiative. Thank you to the students and staff who supported the program. We hope to see it back in term four!

#### Disco/Sport Colours day/Book Week

Thank you to Mrs Cain and the SRC team for their organisation for the Disco and Sports Colours Day. Thank you also to Mrs Burke and her helpers for their organisation of the Book Week celebrations last week. We are very lucky at PHC to have so many programs and activities available; it is important that the senior students get involved and support these events.

## <u>Duke of Ed practice camp (Monday 5<sup>th</sup> September – Tuesday 6<sup>th</sup> September)</u>

Students completing the Duke of Edinburgh award will be completing a practice camp next week at Terrick Terrick National Park. Thank you to Mrs Moon for coming along to the camp with us; we hope for good weather!



#### **Hands on Learning (HoL)**

Last week progress continued on the bike track, picnic table, long jump pits, Ga Ga pit, SRC project and the chess boards. This week saw the team visit the Pyramid Hill Golf Club to sand and paint some existing seats and erect a new seat. Jamison and her family prepared curried sausages and placed them in a slow cooker for us to have at the golf club for lunch. Thank you Jamison (and family) for your excellent organisation and yummy food. In the afternoon, students were able to have a hit of golf or go for a wander around the hill with Helen. Thank you to the golf club for allowing us to use the clubroom facilities and to have a hit of golf this afternoon, we hope you like the updated seats! Thank you also to Vaughan for driving the bus. If there are other community organisations that would like some work or maintenance done, please contact the HoL team at the College.



## **Late Students**

If your child/children arrive late to school, please have them come to the office and sign in. This will avoid a phone call home to check on their absence.

## **School Vision Statement**

The Pyramid Hill College community is committed to providing an inclusive, caring and rigorous learning environment that engages our students and challenges them to reach their full potential; academically, socially, emotionally, physically and creatively.

Students are empowered to demonstrate and value knowledge and skills that will support them, as life-long learners, to participate in and contribute to a wider community.

We promote a positive school culture that ensures staff, students and parents feel valued, have meaningful opportunities to contribute to the school and can effectively engage in the learning journey.

#### **HOLLYWOOD** disco

## Thursday September 15th

The event of the year! To find our more, check out the posters or chat to your SRC rep! DJ, dancing, Oscars, prizes and more! Fun for all!

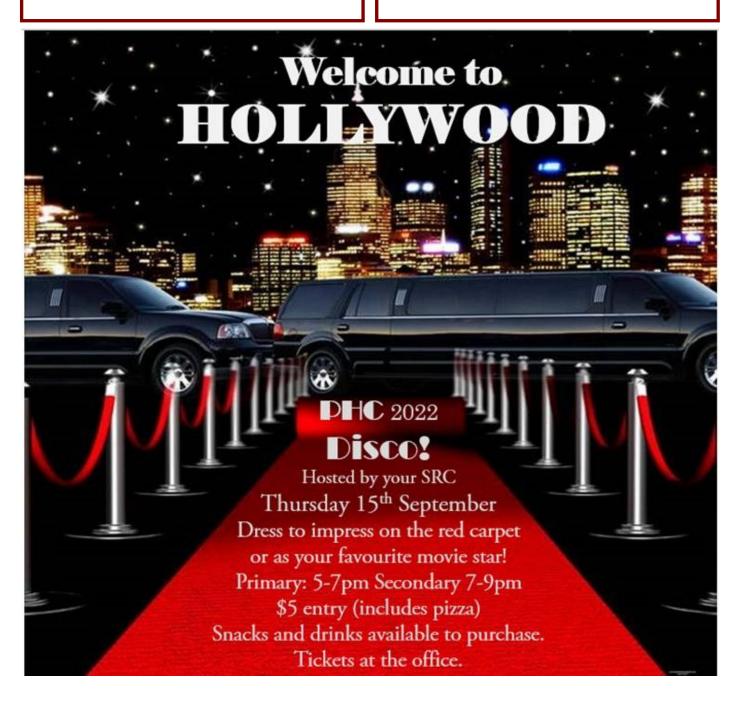
Tickets available to purchase at the office.

\$5 per ticket which includes pizza tea.

Thank you to North District Community Health, NCLLEN Victorian Youth Fest (Vic Government) for their funding assistance.



Wednesday 7<sup>th</sup> September Sports Clothes Day





## FREE SWIM TEACHER COURSES



On Friday 12<sup>th</sup> August, Sport and Recreation Victoria (SRV) launched the new **Youth Aquatic Accreditation Program**, as part of Victoria's Youth Strategy 2022-27. As a result of this great initiative, Life Saving Victoria (RTO ID 21799) is able to offer a range of fully funded accredited Swim Teacher training.



### SPEECH PATHOLOGY WEEK

Good Communication, Better Communities

Brought to you by

#### Speech pathologists can work together with children to:

- build their communication and keep them developing
- create communication-supporting learning spaces
- help children with a range of communication needs.
- help children with understanding and using pictures, symbols, signs, gestures, speech sounds, words and sentences
- help children with turn taking and social skills
- help children with building skills for later reading and spelling
- help children with stuttering, voice and feeding difficulties

#### People communicate in a variety of ways, including...



You don't need a referral to see Jacqui our speech pathologist.

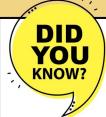
Jacqui is a speech pathologist with experience working in primary schools, 
kindergartens, private practice, and community health settings. Jacqui is 
enthusiastic about working with children and the adults in their lives to 
develop strong communication skills. She moved back to the Gannawarra 
region in 2016 after several years in Gippsland and is excited to be 
providing support to local communities.



If you're unsure about your child's progress, check with a speech pathologist. Speech Pathology is available at Kerang, Cohuna and Boort NDCH offices. You can contact NDCH on 5451 0200.

## **KEEPING A HEALTHY HEADSPACE**





Achieving small tasks and doing things you enjoy can boost your confidence and lift your mood — helping you keep a healthy headspace.

# Here's how 'doing stuff' can help your headspace. It can:

- give you a sense of achievement and purpose
- build your confidence
- lift your energy
- improve your motivation to achieve your goals, ie., work, study, or staying active goals
- get you out of a rut if you're feeling flat

## Start simple and small.

- 1. make a plan
- 2. choose an activity you like
- 3. set a time and date
- 4. do it with someone

Sourced from: headspace.org.au/young-people/get-in-tolife-to-keep-your-headspace-healthy/ Sometimes it can be hard to know where to start. Think about what you currently or used to find fun.

# Would you like to try one of these?

- Getting outdoors
- Cooking/Baking
- Exercise/Yoga/ Run
  Playing with animals
- Reading or writing
  - Socialising online/in person
- Volunteering
- Doing arts & crafts
  - Playing board game

## **E-CIGARETTES/VAPING QUIZ**

E-cigarettes/vaping pose a serious health risk!

Parents, teachers and students test your knowledge of e-cigarettes/vaping with our kahoot guiz.



For more information visit: quit.org.au/articles/teenvaping/